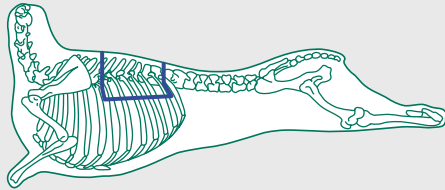


Crown of Lamb

Code:

Loin L049



1. Position of rack.

2. Loin of lamb. Loin tail to be 1½ times the length of the eye muscle.

3. Remove the rib section of the loin.

4. Carefully saw through the rib bones close to the backbone.



5. Then remove the backbone and remove the yellow ligament (paddywack).

6. French trim the ribs to leave 50 mm of bone exposed. Now repeat this process to give two 7-bone racks

7. Make an incision between each rib. Don't cut all the way through

8. Attach racks to each other with twine. Ensure you attach rib ends at this point.



Crown of Lamb – continued

Code:

Loin L049



9. Form the two racks into the shape of a crown and secure loin ends with twine.

10. Crown of lamb.

